

# Winter Center News



Prairie Township Community Center Newsletter / December '15

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## Don't Miss These Dates:

- **Tree Lighting** 12/6
- **Elf on the Shelf** Ends 12/18
- **Open 5:30am - Noon** 12/24
- **Closed** 12/25
- **Open 5:30am - 5:00pm** 12/31
- **Drive In Movie** 1/9

## Meet the Staff:



Name: Monroe D.  
Dowling III

Position: Front Desk

Hobbies: Working  
with technology, such  
as computers and  
smartphones, while  
also indulging in reading and writing.

Words to live by: Be sure to live, love, laugh,  
sing, and dance. And watch what you ask  
for, you just might get it.



## TREE LIGHTING



Join us as we celebrate the inaugural tree lighting at the Community Center on Sunday, December 6th. Enjoy activities such as caroling, pictures with Santa, hot chocolate and ice sculpture demonstrations.

## SANTA MAILBOX



**Mailbox at the Prairie  
Township Community Center  
Parking Lot - 5955 West Broad  
St., Galloway, OH 43119**

Have your child hand deliver his or her letter to Santa's mailbox now through December 16th. Children who hand deliver their letters to Santa, care of his special Prairie Township mailbox, will receive a reply from Santa directly from the North Pole. To guarantee delivery, include the child's full name, complete address with zip code and an unused stamp.

## DRIVE-IN MOVIE



Drive-in Movie Theaters are practically extinct these days, but if you want to introduce your kids to a bit of 1950's nostalgia, here's an idea: Come to the Drive-in Movie experience at the Prairie Township Community Center. The whole family can join in to make "cars" out of cardboard boxes and watch the Minions movie on the big screen - and, of course, there's the all-important concession stand.



Follow us   

5955 West Broad St. / Galloway, OH 43119  
phone: (614) 907-7990 / [PrairieTownship.org](http://PrairieTownship.org)

## Group Exercise Classes

### Fit Passes

Class slots are filled on a first come, first served basis. Fit pass prices may vary depending on class. Class capacities are determined by use of equipment, space availability and patron safety. PTCC reserves the right to cancel or change class schedules and formats to meet member needs and requests. Fit passes expire after 24 months, are non-refundable and are not prorated.

### Drop In Prices

Single Pass \$6 M/R | \$9 NR

10 Pass \$40 M/R | \$60 NR

20 Pass \$70 M/R | \$105 NR

TRX Pass \$7.50 M/R | \$8.90 NR

Mind & Body \$9 M/R | \$10.80 NR

Registration available online at

[recreation.prairietaownship.org](http://recreation.prairietaownship.org)

PTCC Membership is not required to attend classes.

### Fitness Tip

The holiday season is filled with joyful moments, but it can also be busy and stressful. Remember to make time for yourself to keep your health and fitness goals on track.

Here are some tips for this season:

- Stick to your fitness routine in these busy times with our home workouts posted on the fitness bulletin board.
- Opt for healthier food choices at holiday gatherings to avoid excess calories.
- Set a financial budget before holiday shopping to keep yourself from getting stressed about spending.
- Don't forget to relax and enjoy the memories being made.

Please check out: [www.prairietaownship.org](http://www.prairietaownship.org) for more information about classes and times offered.

### Silver Sneakers Member Info

Silver Sneakers and Silver & Fit members are eligible to participate in almost all fitness classes free of charge. Participation in fitness classes is first come, first serve and cannot register in advance. Sign-up for your fitness class when you check-in at the front desk! Don't have Silver Sneakers? Join us by purchasing a Drop-In pass.

### Water Walking Fitness

Water walking is a great way to exercise while having fun. This instructor-led class is held in the Vortex and uses the resistance of the water to build strength and endurance. Water shoes are highly recommended for this class, but not required. This class will take place in the Vortex and space is limited to the first 10 participants.

5250510 01 6-6:50 pm Tu 9/22-5/24  
18-99 yrs Pool Drop-In Prices apply 36 sessions

For a complete list of classes and programs please check out: [www.prairietaownship.org](http://www.prairietaownship.org)

### Body Sculpt

Instructor: Jessica Hamilton

Target different muscle groups through a variety of exercises such as squats, lunges and bicep curls. We will use different equipment such as hand held weights, stability balls and resistance bands. 7:00 am Minimum of 2 preregistered people. 5pm Class Drop-In Only.

5450536 03 5:45-6:30 pm Th 11/5-12/17  
18-99 yrs  
Group Fitness Room Drop-In Prices apply 6 sessions

### Circuit Training

Instructor: Ethan Olson

Join us for this FREE class as we take you through 8-10 stations that will work on building muscular strength as well as muscular endurance.

4450538 01 5-5:30 pm M 11/2-12/28  
18-99 yrs Group Fitness Room 9 sessions

5250550 01 7-7:50 pm Th 10/29-1/3  
18 yrs+ Pool Drop-In prices apply

For a complete list of classes and programs please check out: [recreation.prairietaownship.org](http://recreation.prairietaownship.org)

## Senior Social

### Line Dancing

We will have FREE line dancing classes for senior social members in the Fitness Studio at 11am every Monday.

Non-Senior Social Members can drop in for \$3/\$3.50

**Please check out the new schedule for the Senior Social Fitness Classes!**

### Other important dates:

- 12/11 at 11 am Lunch Brunch - Red Lobster
- 12/18 at 12 pm Pot Luck

For a complete list of programs please check out: [www.prairietaownship.org](http://www.prairietaownship.org)



We are now accepting Silver & Fit! Please stop by the front desk to update your membership or join.

### Dates Closed:

December 24 & 25 - Christmas Eve and Christmas Day

December 31 New Year's Eve

## Kid's Corner

### Recreation

### Westland Area Youth Sports Basketball

Prairie Township's Westland Area Youth Sports is dedicated to assist the youth to develop knowledge, skills, and the love of sports. Our emphasis is to teach, and to provide a consistent and conscientious program which emphasizes the values of sportsmanship, teamwork, and fair play. Our goal is to provide for all participants the opportunity to strive for achievement and excellence while learning the skills of the sport and having fun in a recreational setting. Our leagues will have both boys and girls playing together. There will be two different divisions, one for Kindergartners & 1st graders, and the other for 2nd & 3rd graders. Siblings in the same grade divisions will be placed on the same team. Your child's team will meet one evening a week. The first part will focus on practicing and the second part will be when they will use the skills during recreational game play. League begins in January. Team and schedule information will be emailed upon the conclusion of the registration period.

Register in person or by visiting [www.recreation.prairietaownship.org](http://www.recreation.prairietaownship.org) by December 17th.

1831500 01 6-8 pm M,Tu,W,Th 1/11-3/10 5-8 yrs  
Gym-West \$35 R | \$35 NR 36 sessions

### Swim Lessons

Winter 2016 swim lessons will be open for registration beginning December 28th for residents and members. These are 8 session classes Jan. 4th - Feb. 27th. We have lessons for Adults, Parent and Child (6 month- 3 years), Preschool (3-5 years), and Levels 1 & 2 (6 years and older).

- Make sure your household is listed @ the PTCC before registration begins.

### Class Fees:

Members/Residents/JEDD/JEDZ \$64 | Non-Residents \$77

### Online Registration (Begins at 6am):

Members/Residents/JEDD/JEDZ | Dec 28 - Jan 3

Non-Residents | Dec 31 - Jan 3

### In-Person & Phone Registration:

Members/Residents/JEDD/JEDZ | Dec 30 - Jan 3

Non-Residents | Jan 2 - Jan 3

For more information or to register, please visit:

[www.recreation.prairietaownship.org](http://www.recreation.prairietaownship.org)



# Scuba Classes

Upcoming Classes	Days:	Times:
January 12, 19, 26 & Feb 2	T	6-9pm
February 16, 23, March 1 & 8	T	6-9pm

Class Fees: \$389 (includes all three segments, rental gear (both Confined and Open Water), required textbooks, log book, dive tables, and certification fees.)

Registration:  
 You can register for any class here at the facility or on our website. You can also register with Columbus Scuba at columbuscuba.com

If you have any specific questions, please contact Columbus Scuba at 614-500-PADI or by email info@columbuscuba.com

We look forward to teaching you how to dive!



The Prairie Township Community Center is a great place to host your child's birthday party. Contact 614-907-7996 to learn the variety of ways the PTCC can help celebrate your child's unforgettable day!

## Thank you for your sponsorship



# Facility Spotlight

## Prairie Room

Our Senior Center, previously located in Lincoln Village, is located in our Prairie Room Monday - Friday 9:00am - 5:00pm. Seniors can engage in daily activities with a Senior Social Membership, Silver Sneakers, and Silver & Fit.

The Prairie Room is also available for rentals on Friday evenings or weekends. Looking for a place to host a Bridal Shower or throw a Birthday Party? Check out our rental rates at prairietownship.org or call 614-907-7990.



Follow us

phone: (614) 907-7990 / [PrairieTownship.org](http://PrairieTownship.org)