

FEBRUARY 2018

HOURS: M-F 9AM-5PM, ANY QUESTIONS PHONE KEITH FARRELL: (614) 907-7997

1/16/18

Sun	Mon	Tue	Wed	Thu	Fri	Sat
We Thank Scott Van De Water & KELLER WILLIAMS	NEW!!!!!! NUTRITION CLASS EAT BETTER FEEL BETTER FEB 1 @ 11AM	AARP TAX PREP HERE TUESDAYS & THURSDAYS 9AM-3PM TILL 4/12	DON'T FORGET DIABETES SUPPORT GROUP FEB 20 @ 6 PM	1 Silver Snekr 9am Balance Blend 10am Eat Better Feel Better Volleyball 1pm BY BROOKDALE	2MOVIE TIME BY ARBORS WEST & VIAQUEST 10AM Pickleball 9am Walking 10am	3 We Thank MEGAN& COLUMBUS HEALTHCARE
4 We Thank DIONNE & Darbyglen	5 Prime Time 9am Senior Yoga 10am Corn Toss 10am Silver Snekr 11:10am	6 Silver Sneakers 9am Strgth&Strtch 10am Line Dance 11am EUCHRE BY MEDIGOLD Medicaremade easy 1215	7 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Snekr 11:10am Lunch&Learn 12pm	8 Silver Snekr 9am Balance Blend 10am Volleyball 1pm	9 Board Games 9am Walking 10am LUNCH BUNCH MEET @ TRES POTRILLOS 11A	10 EUCHRE CALL DONNA 614-530-5697
11 We thank DANA & Aetna	12 Prime Time 9am Senior Yoga 10am Corn Toss 9:45am Silver Snekr 11:10am	13 Silver Snekr 9am Strgth&Strtch 10am Line Dance 11am BINGO BY MONTEREY REHAB&MEMORY 2PM	14 Don't FORGET Prime Time 9am Wii Bowling 9:30am Low Impact 10am Slvr Snekr 11:10am Your SWEETHEART	15 Silver Snekr 9am Balance Blend 10am Volleyball 1pm NO BINGO TODAY	16 Board Games 9am Pickleball 9am Walking 10am	17 We Thank LISA & Monterey Rehab ,Nursing Memory care
18 We Thank Brittany & BROOKDALER SENIOR LIVIN	19 PRAIRIE ROOM CLOSED TODAY	20 Silver Snekr 9am Strgth&Strtch 10am Line Dance 11am Diabetes Support 6pm EUCHRE BY KELLER WILLIAMS 2PM	21 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Slvr Snker 11:10am Lunch&Learn 12pm	22 Prime Time 9am Balance Blend 10am Volleyball 1pm POKENO BY DARBY GLEN 3PM	23 Board Games 9am Walking 10am POT LUCK BRING A GREAT SIDE 12PM	24 SMILE PEOPLE WILL WONDER WHAT YOUR UP TO
25 Tina Debbie & Arbors West	26 Prime Time 9am Senior Yoga 10am Corn Toss 10am Silver Snekr 11:10am	27 Silver Snekr 9am Strgth&Strtch 10am Line Dance 11am BINGO BY MACINTOSH COMPANY 2PM	28 Prime Time 9am Wii Bowling 9:30am BY BROOKDALE Low Impact 10am Slvr Snekr 11:10am Lunch&Learn 12pm	We Thank Sara & THE MACINTOSH COMPANY	HEALTH CLASSES DIABETES BALANCE PARKINSONS NUTRITION AND DON'T FORGET FOOTCARE	29TRUSTEES MEET 2/14 & 2/28 AT 7PM



Dionne Nicol — (614) 777-6001



Sara Dixon — (614) 345-9500



Footcare & Wellness
Thelma & Nancy
(614) 278-3130



Megan Thompson — (614) 276-4400



Kurt Miller — (614) 546-3155



Lisa Graves — (614) 878-7661



Scott VanDeWater — (614) 373-1618



Tina Smith — (614) 879-7661



Dana Lewis — (614) 203-4548



Brittany Wallace — (844) 585-2384



Matter of Balance
Stepping On
Delay the Disease
(614) 566 9816



Tax Preparation
(614) 707-1268

PLEASE SUPPORT OUR VENDORS!