

OCTOBER 2018

HOURS: M-F 9AM-5PM, ANY QUESTIONS PHONE KEITH FARRELL: (614) 907-7997

9/20/18

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>We Thank TAMI & NEWCOMER FUNERAL HOME</p>	<p>1 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker 11:10am</p>	<p>2 Silver Sneakers 9am Strength&Stretch 10am Line Dance 11am EUCHRE BY MEDIGOLD 12:15PM</p>	<p>3 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11:10am</p>	<p>4 Silver Sneakers 9am Balance Blend 10am EAT BETTER FEEL BETTER 11AM Volleyball 1pm</p>	<p>5 Board Games 9am Pickle Ball 9am Walking 10am MOVIE TIME BY ARBORS WEST 10AM</p>	<p>6 CLASSES DIABETES 10/16 EAT BETTER 10/4 DELAY DISEASE 10/5,12,19,26</p>
<p>7 We Thank DARBY GLEN NURSING & REHAB</p>	<p>8 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker 11:10am</p>	<p>9 SORRY PRAIRIE ROOM CLOSED TODAY</p>	<p>10 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11:10am LUNCH&LEARN 12PM</p>	<p>11 Silver Sneakers 9am Balance Blend 10am Volleyball 1pm</p>	<p>12 Board Games 9am Walking 10am LUNCH BUNCH AT TEXAS ROADHOUSE YEE HAW MEET 11AM</p>	<p>13 EUCHRE CALL DONNA 614 530 5697</p>
<p>14 We thank DANA & Aetna</p>	<p>15 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker 11:10am</p>	<p>16 DIABETES 6PM Strength&Stretch 10am Line Dance 11am EUCHRE BY NEWCOMER FUNERAL HOME 12:15PM</p>	<p>17 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11:10am LUNCH&LEARN 12PM</p>	<p>18 Silver Sneakers 9am Balance Blend 10am Volleyball 1pm BINGO BY DANA & AETNA 3PM</p>	<p>19 Board games 9am Pickleball 9am Walking 10am POT LUCK BY CBUS HEALTHCARE 12PM</p>	<p>20 We Thank LISA & Monterey Rehab Nursing And Memory</p>
<p>21 We Thank SARAH & MACINTOSH COMPANY</p>	<p>22 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker 11:10am</p>	<p>23 Silver Sneakers 9am Strength&Stretch 10am Line Dance 11am BINGO BY MACINTOSH 2PM</p>	<p>24 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11:10am LUNCH&LEARN 12PM</p>	<p>25 Prime Time 9am Balance Blend 10am Volleyball 1pm POKENO BY DARBY GLEN 3PM</p>	<p>26 Board games 9am Walking 10am CRAFTS & 11AM RECIPES WITH MARIANNE</p>	<p>27 We Thank WAYNE & COLUMBUS HEALTHCARE</p>
<p>28 We Thank DEBBIE & ARBORS WEST LIVING & REHAB</p>	<p>29 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneakers 11:10a</p>	<p>30 Silver Sneakers 9am Strength&Stretch 10am Line Dance 11am</p>	<p>31 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11:10am BOOOOOOOOOOOOOOOOOOO OOOOOOOOOOOOOOOOOO!</p>	<p>YOU MUST SIGN UP FOR POTLUCK LUNCH&LEARNS LUNCH BUNCH AND CANCEL IF YOU CANT MAKE IT THANKS</p>	<p>We Thank KURT & MEDIGOLD MEDICARE MADE EASY</p>	<p>TRUSTEES MEET ON 10/10-10/24 AT 7PM</p>



PLEASE SUPPORT OUR VENDORS!