

# NOVEMBER 2018

HOURS: M-F 9AM-5PM, ANY QUESTIONS PHONE KEITH FARRELL: (614) 907-7997

10/10/18

Sun	Mon	Tue	Wed	Thu	Fri	Sat
We Thank TAMI & NEWCOMER FUNERAL HOME	<b>YOU MUST SIGN UP FOR POTLUCK LUNCH&amp;LEARNS LUNCH BUNCH AND CANCEL IF YOU CANT MAKE IT</b>	We Thank KURT & MEDIGOLD MEDICARE MADE EASY	<b>YOUR ONLY AS OLD AS YOU ACT THINK ABOUT IT!!!!!!!</b>	1 Silver Sneakers 9am Balance Blend 10am <b>EAT BETTER FEEL BETTER 11AM</b> Volleyball 1pm	2Board Games 9am Pickle Ball 9am Walking 10am <b>MOVIE TIME BY ARBORS WEST 10AM</b>	<b>3 CLASSES DIABETES 11/20 EAT BETTER 11/1 DELAY DISEASE 11/2,9,16,30</b>
4 We Thank <b>DARBYGLEN NURSING &amp; REHAB</b> Daylight Savings	5 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker11:10am	6 <b>PRAIRIE ROOM CLOSED TODAY FOR MID TERM VOTING PLEASE VOTE</b>	7Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers11: 10am <b>LUNCH&amp;LEARN 12PM</b>	8Silver Sneakers 9am Balance Blend 10am Volleyball 1pm	9Board Games 9am Walking 10am <b>LUNCH BUNCH AT OLIVE GARDEN MEET 11AM</b>	<b>10 EUCHRE CALL DONNA 614 530 5697</b>
11 We thank DANA & <b>Aetna</b>	12 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker11:10am	13 Silver Sneakers9a Strength&Stretch10am Line Dance 11am <b>BINGO BY MACINTOSH 2PM</b>	14 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers11: 10am <b>LUNCH&amp;LEARN 12PM</b>	15 Silver Sneakers 9am Balance Blend 10am Volleyball 1pm <b>NO BINGO TODAY</b>	16Board games 9am Pickleball 9am Walking 10am <b>POT LUCK BY CBUS HEALTHCARE 12PM</b>	17 We Thank LISA & <b>Monterey</b> Rehab Nursing And Memory
18 We Thank SARAH & <b>MACINTOSH COMPANY</b>	19Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker11:10am	20 <b>DIABETES 6PM</b> Strength&Stretch10am Line Dance 11am <b>EUCHRE BY NEWCOMER FUNERAL HOME 12:15PM</b>	21 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11:10am	22 <b>CENTER CLOSED HAPPY THANKSGIVING</b>	23 <b>PRAIRIE ROOM CLOSED TODAY NO DELAY THE DISEASE TODAY</b>	24 We Thank WAYNE& <b>COLUMBUS HEALTHCARE</b>
25We Thank DEBBIE & <b>ARBORS WEST LIVING &amp; REHAB</b>	26 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneakers 11:10a	27 Silver Sneakers9a Strength&Stretch10am Line Dance 11am <b>BINGO BY MACINTOSH 2PM</b>	28 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers11:10am <b>LUNCH&amp;LEARN 12PM</b>	29 Silver sneakers 9am Balance Blend 10am Volleyball 1pm	<b>30 PRAIRIE ROOM CLOSED TODAY CONGRATS TRACY HATMAKER THANK YOU!!</b>	<b>TRUSTEES MEET ON 11/7-11/21 AT 7PM</b>



PLEASE SUPPORT OUR VENDORS!