

JANUARY 2019

HOURS: M-F 9AM-5PM, ANY QUESTIONS PHONE KEITH FARRELL: (614) 907-7997

12/28/18

Sun	Mon	Tue	Wed	Thu	Fri	Sat
We Thank TAMI & NEWCOMER FUNERAL HOME	REMEMBER YOU ARE ONLY AS OLD AS YOU ACT, THINK ABOUT IT SMILE PEOPLE WILL WONDER WHAT UP !!!	1 CLOSED HAPPY NEW YEAR	2 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11: 10am	3 Silver Sneakers 9am Balance Blend 10am EAT BETTER FEEL BETTER 11AM Volleyball 1pm	4 Board Games 9am Pickle Ball 9am Walking 10am MOVIE TIME BY ARBORS WEST 10AM	5 CLASSES DIABETES 1/15 EAT BETTER 1/3 DELAY DISEASE 1/4,1/11,1/18,1/2
6 We Thank DARBYGLEN NURSING & REHAB	7 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker 11:10am	8 Silver Sneakers 9am Strength&Stretch 10am Line Dance 11am BINGO BY MACINTOSH 2PM	9 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11: 10am LUNCH&LEARN 12PM	10 Silver Sneakers 9am Balance Blend 10am Volleyball 1pm	11 Board Games 9am Pickle Ball 9am Walking 10am LUNCH BUNCH @11AA YORK STEAK HOUSE	12 EUCHRE CALL DONNA 614 530 5697 DON'T RENEGE
13 We thank DANA & Aetna	14 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker 11:10am	15 Silver Sneakers 9am Strength&Stretch 10am Line Dance 11am EUCHRE BY MEDIGOLD 12PM DIABETES 6PM	16 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11: 10am	17 Silver Sneakers 9am Balance Blend 10am Volleyball 1pm BINGO BY AETNA 3PM	18 Board Games 9am Pickle Ball 9am	19 We Thank LISA & Monterey Rehab Nursing And Memory
20 We Thank SARAH & MACINTOSH COMPANY	21 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneaker 11:10am	22 Silver Sneakers 9am Strength&Stretch 10am Line Dance 11am BINGO BY MACINTOSH 2PM	23 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11:10am	24 Silver Sneakers 9am Balance Blend 10am Volleyball 1pm POKENO BY DARBY GLEN 3PM	25 Board games 9am Pickleball 9am Walking 10am POT LUCK BY CBUS HEALTHCARE 12PM	26 We Thank WAYNE & COLUMBUS HEALTHCARE
27 We Thank DEBBIE & ARBORS WEST LIVING & REHAB	28 Prime Time 9am Corn Toss 9:30am Senior Yoga 10am Silver Sneakers 11:10a	29 Strength&Stretc 10am Line Dance 11am EUCHRE BY NEWCOMER FUNERAL HOME 12:00PM	30 Prime Time 9am Wii Bowling 9:30am Low Impact 10am Silver Sneakers 11:10am	31 Silver sneakers 9am Balance Blend 10am Volleyball 1pm	We Thank KURT & MEDIGOLD MEDICARE MADE EASY	TRUSTEES MEET ON 1/9-1/23 @ AT 7PM



PLEASE SUPPORT OUR VENDORS!