

	Treadmill		Bike		Treadmill			
Name	Distance (15 min)		Distance (25 min)		Distance (20 min)		Name	
Tod Whetzel	1.68	19	8.5	19	1.98	17	Tod Whetzel	55
Tamaralee Hunter	1.61	17	8	16	2.16	19	Tamaralee Hunter	52
Amber Riley	1.62	18	6.4	11	2.16	19	Amber Riley	48
Paul Shaffer	1.44	13	8	16	1.8	13	Paul Shaffer	42
Tiffany Whetzel	1.56	16	7.3	15	1.58	11	Tiffany Whetzel	42
Donna Noble	15.5	15	4.8	6	2.1	18	Donna Noble	39
Erin Gant	1.21	10	8.1	17	1.7	12	Erin Gant	39
Donna Senchesak	1.45	14	5.3	7	1.87	16	Donna Senchesak	37
Melanie Wagner	1.42	12	6	9	1.84	15	Melanie Wagner	36
Jeremy Dean	1.05	8	8.3	18	1.51	9	Jeremy Dean	35
Caron Cleveland	1.33	11	7	13	1.55	10	Caron Cleveland	34
Nadia Asif	1.33	11	5.5	8	1.81	14	Nadia Asif	33
Lorilyn Thurman	1.12	9	6.5	12	1.29	8	Lorilyn Thurman	29
Ashley Gillespie	0.97	6	7.2	14	1.29	8	Ashley Gillespie	28
Amica Mimi Gardner	0.96	5	7.2	14	1.17	6	Amica Mimi Gardner	25
Megan Richardson	1.02	7	6.2	10	1.25	7	Megan Richardson	24
Elizabeth Samuels	0	0	0	0	0	0	Elizabeth Samuels	0
Mary Shaffer	0	0	0	0	0	0	Mary Shaffer	0
Christina Brieges	0	0	0	0	0	0	Christina Brieges	0